



Short-Term Programs in the USA



赴美短期课程

赴美学习，除了传统的语言类项目和一些尖端专业项目，现在短期课程受到越来越多的国际学生和专业人士的关注。这种短期课程都有哪些特点？时间怎样安排？入学条件有怎样的要求？面对这些疑惑，本文为你一一解答。

International students in the USA are people of all ages and from all professions. They come to the United States to study in traditional language programs as well as to participate in **cutting-edge**¹ professional programs that focus on the latest **innovations**² in fields like business, medicine, and technology.



More and more international students and professionals are turning to certificate and specialized training programs offered through established U.S. universities to gain both practical skills and knowledge in a variety of fields.

Why is taking a certificate or short-term training program in the USA a good decision? When you earn a certificate from a respected school in the USA, you are learning from experts in the field. It demonstrates that you are **committed**³ to developing your career. It shows that you have the current, in-depth knowledge in your field that can make you more valuable to your organization. Many professionals face **complex**⁴ and rapidly developing technological change and rely on continuing education programs to maintain their professional excellence. It can be a powerful tool in achieving the promotion you want or in launching the new career you desire.

Program Options

Professionals come to the USA for hands-on training in the latest technologies. Short courses in medical and information technology fields help participants update their **credentials**⁵ for career advancement.

Short courses are also open to students who have no **prior**⁶ work experience in a particular field and want to learn more about it.

Certificate and short-term programs emphasize a practical approach. They can include lectures, discussions, guest speakers, field trips, and on-site company visits. Project-based class work helps students apply what they have learned to real-life situations. Students learn to work effectively in teams while using the language skills they have acquired are granted a certificate upon successful completion.

Examples of short term programs in the United States include: a six week program in *Advanced Pronunciation and Communication Skills* and a three-week program “*Chicago, Culture, and Communication*” at the University of Illinois at Chicago. While learning about Chicago’s culture and history, students improve their vocabulary, listening, and conversation skills. Some topics covered are: *Chicago in Film*, *Chicago Architecture* (the skyscraper was invented here!), *Chicago Blues and Jazz* and *Prohibition*⁷ and *Al Capone*⁸ in Chicago.





Professional Instructors

Your instructors will be practicing professionals with extensive knowledge and experience in their field. They are experts in current **trends**⁹.

Schedules and Accommodations¹⁰

Certificate programs are offered in a variety of **formats**¹¹—from **intensive**¹² programs lasting several weeks to longer programs ranging from a few months to a year. **Sessions**¹³ are generally available throughout the year. Some universities offer special summer programs designed for international travelers.

For housing options, check with individual programs.

Admission Requirements

Advanced level programs may require a minimum TOEFL, TOEIC, or other test score to demonstrate sufficient **fluency**¹⁴ in English before admission. Other programs are open to students of all levels.

Some programs may require a student visa and will issue the appropriate documentation. Other programs that are less intensive and **recreational**¹⁵ may allow students to participate on tourist visas.

Why enroll in a short-term U.S. program

You can...

- Broaden your international experience
- Make contact with peers from around the world
- Learn the latest in your field—from business to engineering, law to graphic design
- Make yourself more competitive in a global, fast-changing world

Photos by Study in the USA

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|---|---|
| <ol style="list-style-type: none"> 1. cutting-edge [ˌkʌtɪŋˈedʒ] <i>a.</i> 尖端的, 先进的 2. innovation [ˌɪnəʊˈveɪʃən] <i>n.</i> 革新, 创新, 改革 3. commit [kəˈmɪt] (committed; committing) <i>vt.</i> 委托; 提交; 对...作处理 4. complex [ˈkɒmpleks] <i>a.</i> 复合的; 错综复杂的; 难解的 5. credential [krɪˈdenʃəl] <i>n.</i> 证明可信的事物; [常作~s] 证明书; 毕业证书, 文凭 6. prior [ˈpraɪə] <i>a.</i> (时间、顺序等) 先前的; 在前的; 优先的; 占先的; 更重要的 7. prohibition [ˌprəʊhɪˈbɪʃən] <i>n.</i> 禁止; 禁令; [常作P-] 禁酒; [P-]【美史】禁酒时期(指1920- | <ol style="list-style-type: none"> 1933) 8. Al Capone 阿尔·卡彭(1899—1947), 20世纪20~30年代最有影响力的黑手党成员 9. trend [trend] <i>n.</i> 趋势, 倾向; 动态 10. accommodation [əˌkɒməˈdeɪʃən] <i>n.</i> [〈美〉~s] 住处; 膳宿 11. format [ˈfɔ:mæt] <i>n.</i> 计划; (安排的) 样式 12. intensive [ɪnˈtensɪv] <i>a.</i> 加强的; 深入细致的 13. session [ˈseʃən] <i>n.</i> 会议; (从事某项活动的) 一段时间(或集会); 〈美〉学期; 〈英〉学年 14. fluency [ˈflu:ənsɪ] <i>n.</i> (尤指外语) 流利; 流畅 15. recreational [ˌrekrɪˈeɪʃənəl] <i>a.</i> 娱乐的, 消遣的 |
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Four Things to Do Before You Get to Campus

留学前要做的4件事

当你收到海外学校的入学通知书时，就该做行前准备了。在你罗列一个长长的行前计划时，有哪些事是你需要放在首要位置考虑的呢？本文为你做了一一梳理。

Opening your acceptance email and finding out you'll attend university in the United States is one of the most exciting moments of your life. Immediately, you'll have a long list of things you'll want to do when you arrive in the U.S. In all that excitement, take a moment to **appreciate**¹ where you are and start setting yourself up for success before you leave home. Follow these tips to get the most of out of the months before you leave home:

Be a Tourist in Your Hometown

While the **anticipation**² of attending a university in the United States grows, be sure to make the most out of the time in your home country before you leave. Returning home during the **academic**³ year will be difficult, as you'll likely have to wait months and possibly the entire year before a break that will allow for a trip home. Go to the park, eat at your favorite restaurants, or pay a visit to shops or markets that you love. Think about the things you enjoyed when you were younger and give them another try before you leave your home. These memories



can help you get through the homesick moments of your first year and will remind you of all the wonderful things you get to come home to.

Spend Time with Family

Spend as much time as you can with every member of your family. They'll miss you more than you know when you're studying in the United States, and you'll miss them more than you realize. Spending **uninterrupted**⁴ time with your parents, taking photos of your grandparents and relatives or learning how to cook your aunt's favorite **recipe**⁵ are small moments that can mean a lot. If you're leaving younger **siblings**⁶ behind, be sure to do their favorite activities with them before you head to university.

Set Goals for Your Upcoming Year

Decide what you want from your year before you get to campus. Setting goals can

remind you what you want to accomplish during your time studying abroad. Try to make them about more than just your studies. While getting straight As is a great goal, you could also make a goal to get to know people from several different states or countries before the end of the first **semester**⁷ or join two clubs on campus. These goals can remind you to get involved on campus and enjoy yourself as you learn how to balance your schedule.

Figure Out Logistics⁸

Beyond making memories with family and friends, you'll want to figure out all the logistics at home so you're ready to go on move-in day. Order your books online or from the campus

bookstore so you can pick them up once you arrive. Figure out your living situation if you plan to live off-campus, and what you'll need in your apartment. Get to know the map of your university, so you know your way around before you even get there.

Even though there are lots of things to do before you leave home, balance your remaining time by spending it with the family and friends you will miss the most. Fill your mind with sweet memories to **reminisce**⁹ on, check a few items off your list, and you'll set yourself up for a successful **transition**¹⁰ to university life in the U.S.

Photos by Study in the USA

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|---|---|
| 1. appreciate [ə'pri:ʃiət] vt. 欣赏; 理解 | 6. sibling ['sɪblɪŋ] n. 兄弟姐妹 |
| 2. anticipation [æn'tɪsɪ'peɪʃən] n. 预期, 期望; 预感 | 7. semester [sɪ'mestə] n. 学期 |
| 3. academic [ˌækə'demɪk] a. 学校的; 学院的; 学术的 | 8. logistics [lə'dʒɪstɪks] n. [用作单或复] 后勤(学); 物流组织 |
| 4. uninterrupted ['ʌnɪntə'rʌptɪd] a. 不中断的, 连续的, 不停的 | 9. reminisce [ˌremɪ'nɪs] vi. 追忆往事; 缅怀往事; 话旧 |
| 5. recipe ['resɪpi] n. 烹饪法; 食谱; 方法; 【医】处方 | 10. transition [træn'sɪʒən] n. 过渡(时期); 转变 |

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